



Woodhouse and District Community Forum Weekly Activities

WHAT, WHEN AND WHERE? – January 2019 to March 2019

Domentia Café 3rd Mondays 10am-11.30pm Skelton lane \$13.71Y	Activity	When	Where	Contact
Dementia Café 3rd Monday in the Mondays 10am-12pm	LOVE SPORT	Thursdays	Woodhouse Library	Nicola Garnett- 07736221829
Tannery Street Woodhouse S13 7JW		10am-11.30pm	Skelton lane S13 7LY	
MonthWoodhouse S13 7JWDementia Café 3rd Wednesday in the MonthWednesdays 1pm-3pmGleadless Library White Lane S12 3GHLesley Roberts - 07748375023 Nicola Garnett- 07736221829Chair Based ExerciseMondays 12-1pmCom.unity, Westfield Centre, S20 8NDNicola Garnett- 07736221829Chair Based ExerciseMondays 1-45pm-2-45pmBrigadier Hargreaves Woodhouse S13 7GBNicola Garnett- 07736221829Chair Based ExerciseWednesdays 1-230pm-1.30pmHollybank HollybankSheltered Housing Mansfield Drive S12 2BFNicola Garnett- 07736221829Chair Based ExerciseWednesdays 1-45pm-2-45pmThe Link Stradbroke Drive S13 8SENicola Garnett- 07736221829Chair Based ExerciseWednesdays 3pm-4pm Cot Leigh Care Home (Closed Group)Cot Leigh Care Home Hackenthrope S12 4JBNicola Garnett- 07736221829Chair Based ExerciseThursdays 11.15am-12.15pmSpa View Community Church Hackenthorpe S12 4HDNicola Garnett- 07736221829Chair Based ExerciseFridays 11.15am-12.15pmWoodhouse Library Skelton lane S137LYNicola Garnett- 07736221829Chair Based ExerciseFridaysWoodhouse Library Skelton lane S137LYNicola Garnett- 07736221829	Dementia Café	Mondays	Salvation Army	Nicola Garnett- 07736221829
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2.45pm-3.45pm Beighton, High Street		•		
(Closed Group) Beighton S20 1HE		·		















Activity	When	Where	Contact
Coffee Morning	3 rd Saturday of the	Woodhouse Library	Woodhouse Library- 01142692607
	month 10am-12.30pm	Skelton lane S13 7LY	
Knit and Natter	Saturdays 10am-12pm	Woodhouse Library	Woodhouse Library- 01142692607
		Skelton lane S13 7LY	
Dance Fit	Wednesdays	St James Church Hall	Nicola Garnett- 07736221829
	1pm-2pm	Woodhouse S13 7LL	
Yoga	Wednesdays	Com.unity Westfield	Nicola Garnett- 07736221829
	2pm-2.45	Centre, S20 8ND	
Friendship Lunch	Dates and Time TBC	The Stag Market	Nicola Garnett- 07736221829
-		Square , Woodhouse	Lesley Roberts - 07748375023
		S13 7JX	
Can You Dig It	Tuesdays 2pm-4pm	Victoria Allotments	Sue Claydon - 01142692607
Community garden	Thursdays 1pm-4pm	Sheffield Road S13	
project	Sundays 10am-2pm		
Well Man Group	Every other Friday	Woodhouse Library	Woodhouse Library- 01142692607
	3.00pm-4.30pm	Skelton lane S13 7LY	









